

# EMERGENCY FIRST AID AT WORK (EFAW)

## Course Overview:

This course will provide you with the basic skills and knowledge required to undertake emergency first aid at work. It is designed for smaller workplaces that present fewer health and safety risks.

## Who Is This Course For:

This course is aimed at individuals who work in low risk environments that present very few hazards.

## Key Learning Areas Covered in This Course:

- Health and safety first aid regulations and the role of an emergency first aider at work
- Managing an emergency
- The priorities of first aid
- The primary survey of a casualty
- The secondary survey of a casualty
- The unconscious casualty
- The casualty who is not breathing normally
- Choking, shock, heart attack and common workplace injuries

## Course Duration / Fees / Location:

1 day training course. Available On-site. Accommodation from £98+VAT (including DBB)